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National Symposium
“ACTUAL NUTRITION – TOXICOLOGICAL
AND CLINICAL IMPLICATIONS”
Iași, 7-9 April, 2005

“Gr. T. Popa” University of Medicine and Pharmacy Iași, Faculty of Pharmacy, Society of Pharmaceutical Sciences from Romania, Society of Physicians and Naturalists and Pharmaceutical Board from Iași have organized the national symposium “Actual nutrition – Toxicological and clinical implications” between 7 and 9 April, 2005. The symposium took place in the lecture rooms of “Gr. T. Popa” University of Medicine and Pharmacy and was devoted to the memory of professor Marțian Cotrău (1923-1998).

The first day was dedicated to M. Cotrău, homage to professor doctor docent, chairmen of the Toxicology Department and dean of the Faculty of Pharmacy. Co-workers, colleagues, former students emphasized the personality of the distinguished professor, the president of Iași branch of the Academy of Medical Sciences.

The scientific works were opened by two plenary lectures:

- *Nonpharmacological prophylaxy of diseases through foods and nutrients (from „Polypill to Polymeal”)* presented by professor Aurelia Nicoleta Cristea (Pharmacology Department, Pharmacy Faculty, București) and
- *Interactions medicine-food and their importance for pharmacology* presented

by professor M. Nechifor (Pharmacology Department, Faculty of Dental Medicine, Iași)

The works continued with lectures and communications in 3 sections:

- I. Food-nutrient, medicine or risk factor ?
- II. Nutrition and human pathology
- III. Varia

Specialists from București, Cluj, Timișoara, Galați, Constanța, Craiova and Iași have focused the attention upon interesting actual problems of the nutrition field, such as: alergen risk of the transgenic foods, antioxidant action of spice plants, nutritional prevention of oxidative stress, phytoestrogens importance in bone protection, ecological nutrition, nutrition and neurochemie, nutrition implications in the fatness of the child and teenager, nutritional functional supplements, toxicological implications of ochratoxins, alignment to European legislation. Apart from the scientists already mentioned, well-known persons working in the field of food, nutrition or pharmacology honoured the symposium with their presence as: Professor Rodica Segal (Galați), Professor Gheorghe Țărălungă (București), Professor Elena Hațieganu (Constanța), Professor Florica Popescu (Craiova).

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The last day was devoted to poster presentations and discussion divided in the 3 sections too.

The Institute of Public Health Iași was represented at this symposium by a communication and a poster from the

Department of Food Hygiene and Nutrition.

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